

Superradiance and self-organisation of cold atoms in optical cavities

Jonathan Keeling



University of
St Andrews

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Coupling many atoms to light

Old question: *What happens to radiation when many atoms interact “collectively” with light.*

Superradiance — dynamical and steady state.

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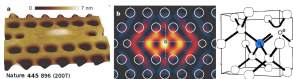
Superradiance — dynamical and steady state.

New relevance

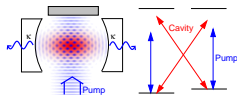
- Superconducting qubits



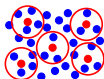
- Quantum dots & NV centres



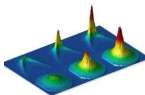
- Ultra-cold atoms



- Rydberg atoms/polaritons



- Microcavity Polaritons



Dicke effect: Superradiance

PHYSICAL REVIEW

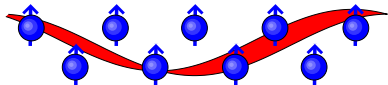
VOLUME 93, NUMBER 1

JANUARY 1, 1954

Coherence in Spontaneous Radiation Processes

R. H. DICKE

Palmer Physical Laboratory, Princeton University, Princeton, New Jersey



$$H_{\text{int}} = \sum_{k,j} g_k (\psi_k e^{-i\mathbf{k}\cdot\mathbf{r}_j} + \text{H.c.}) (S_j^+ + S_j^-)$$

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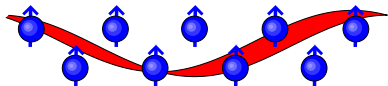
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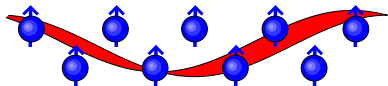
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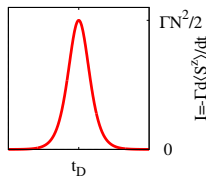
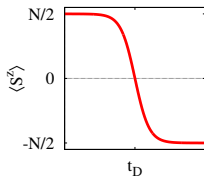
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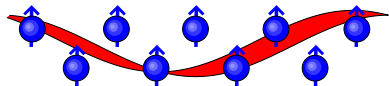
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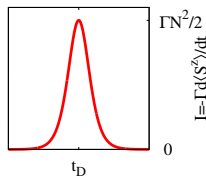
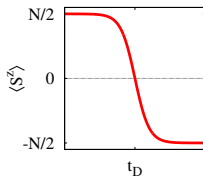
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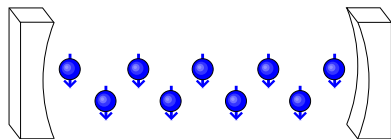
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Problem: dipole interactions dephase. [Friedberg et al, Phys. Lett. 1972]

Dicke model and Dicke-Hepp-Lieb transition

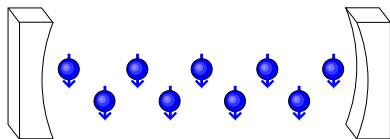


$$H = \omega \psi^\dagger \psi + \sum_i \omega_0 S_i^z + g(\psi + \psi^\dagger)(S_i^+ + S_i^-)$$

- Coherent state: $|\psi\rangle \rightarrow e^{\lambda \psi^\dagger + \eta S^+} |\Omega\rangle$
- Small g , min at $\lambda, \eta = 0$

[Hepp, Lieb, Ann. Phys. '73]

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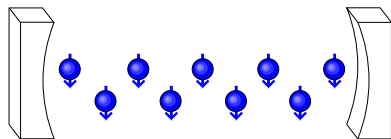


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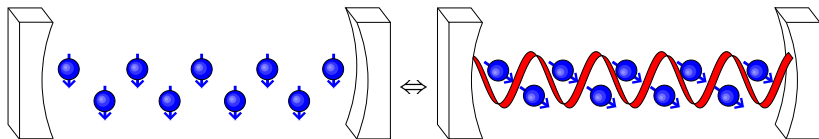
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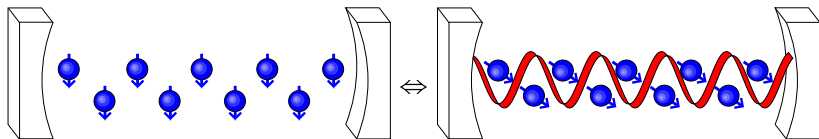
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Non-zero cavity field if: $4Ng^2 > \omega\omega_0$

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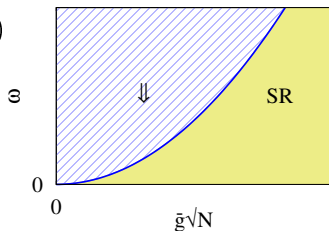
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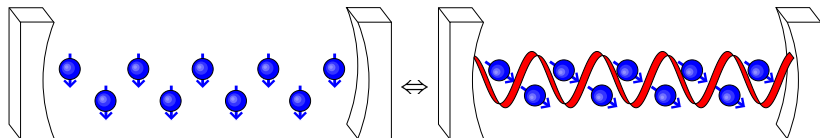
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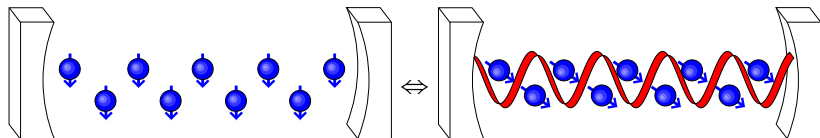
No go theorem for Dicke-Hepp-Lieb transition



Spontaneous polarisation if: $4Ng^2 > \omega\omega_0$

[Rzazewski *et al* PRL '75]

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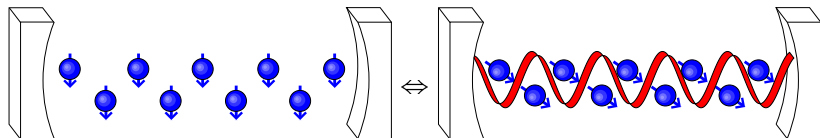
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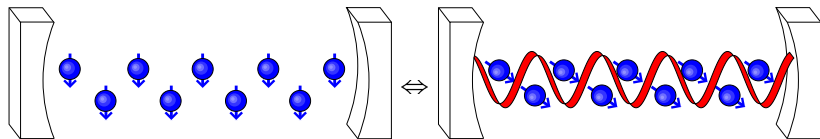
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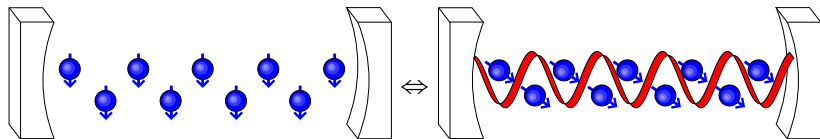
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But f -sum rule states: $g^2/\omega_0 < \zeta$. **No transition**

[Rzazewski *et al* PRL '75]

Ways around the no-go theorem

Problem: $g^2/\omega_0 < \zeta$ for intrinsic parameters. **Solutions:**

- ① Ferroelectric transition in $\mathbb{D} - r$ gauge.
[JK JPCM '07; Vukics & Domokos PRA 2012]
 - Circuit QED [Nataf and Clut, Nat. Comm. '10; Viehmann et al. PRL '11]
- ② Grand canonical ensemble:
 - If $H \rightarrow H - \mu(S^z + \psi^\dagger \psi)$, need only:
 - $g^2 N > (\omega - \mu)(\omega_0 - \mu)$
 - Incoherent pumping \rightarrow polariton condensation.
- ③ Dissociate g, ω_0 .
e.g. Raman scheme: $\omega_0 \ll \omega$.
[Dimer et al. PRA '07; Baumann et al. Nature '10. Also, Black et al. PRL '03]

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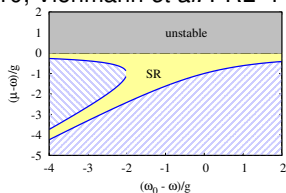
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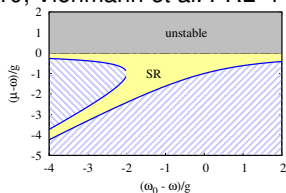
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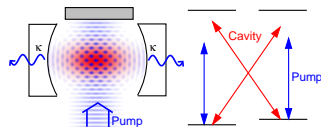
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1 Dicke model, superradiance and no-go theorem

2 Superradiance and self-organisation

- Raman scheme
- Hierarchies of approximation
- Equilibrium theory of Dicke

3 Fermionic self organisation

- Equilibrium phase diagrams
- Landau theory and microscopics
- Open system?

4 Open system dynamics of Bosons

- Attractors of open Dicke model
- Bosons beyond Dicke

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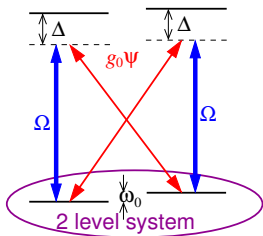
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Raman scheme, decoupling g, ω_0



$$H = \omega_0 S^Z + g(\psi + \psi^\dagger)(S^- + S^+) + \omega \psi^\dagger \psi$$

- 2 Level system, $|\downarrow\rangle, |\uparrow\rangle$

- Coupling $g = \frac{g_0 \Omega}{2\Delta}$

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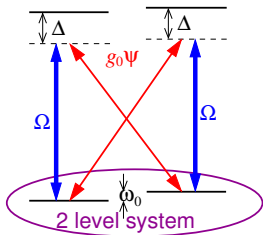
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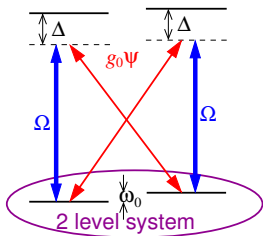
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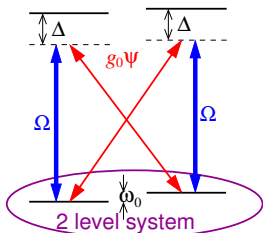
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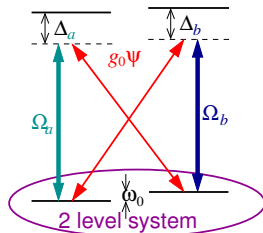
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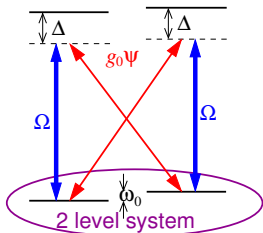
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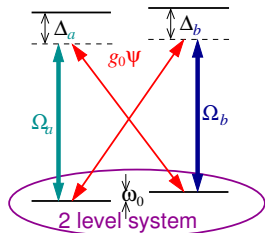
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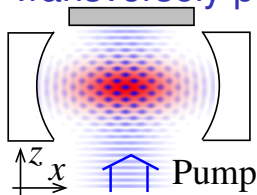
$$H = \omega_0 S^z + g(\psi S^+ + \psi^\dagger S^-) + g'(\psi S^- + \psi^\dagger S^+) + \omega \psi^\dagger \psi + U \psi^\dagger \psi S^z$$

- Imbalance: $g = \frac{g_0 \Omega_b}{2\Delta_b} \neq g' = \frac{g_0 \Omega_a}{2\Delta_a}$
- New “feedback” term $U = \frac{g_0^2}{2\Delta_b} - \frac{g_0^2}{2\Delta_a}$



[Dimer *et al.* PRA '07]

Transversely pumped cavity

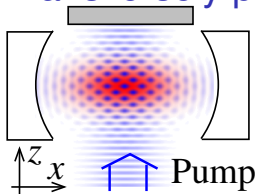


Internal state \rightarrow momentum states

- 1 Full description

$$H_0 = \omega_{\text{cavity}} \psi^\dagger \psi + \int d^2r \left[\sum_{\alpha=e,g} c_\alpha^\dagger \left(\frac{-\nabla^2}{2m} \right) c_\alpha \right. \\ \left. + \omega_{\text{atom}} c_e^\dagger c_e + E(x, z, t) (c_e^\dagger c_g + c_g^\dagger c_e) \right]$$

Transversely pumped cavity



Internal state \rightarrow momentum states

1 Full description

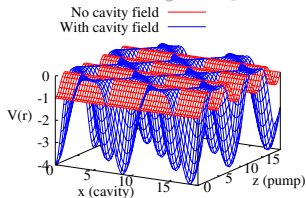
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2 Eliminate e state

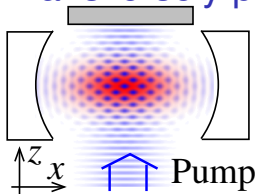
Rotating frame $\omega = \omega_{\text{cavity}} - \omega_{\text{pump}} - N\delta$

$$H = \omega \psi^\dagger \psi + \int d^2r c^\dagger(\mathbf{r}) \left(-\frac{\nabla^2}{2m} - V(\mathbf{r}) \right) c(\mathbf{r})$$

$$V(\mathbf{r}) = \frac{g^2}{2\Delta} \psi^\dagger \psi \cos(2qx) + \frac{g\Omega}{\Delta} (\psi + \psi^\dagger) \cos(qx) \cos(qz) + \frac{\Omega^2}{2\Delta} \cos(2qz)$$



Transversely pumped cavity



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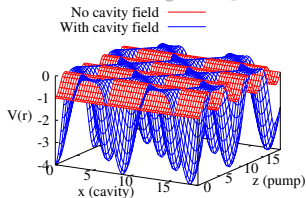
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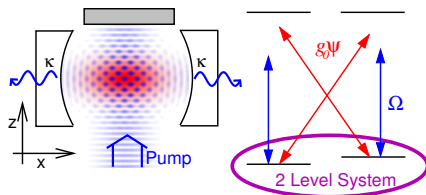
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3 Dicke: project to atomic states $\phi(x, z) \propto \begin{cases} 1 \\ \cos(qz) \cos(qz) \end{cases}$

Mapping transverse pumping to Dicke model



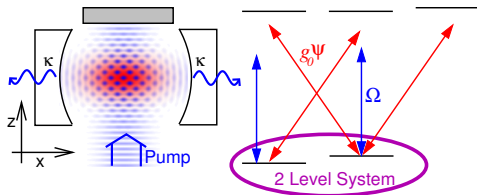
Reduced basis:

$$\phi(x, z) \propto \begin{cases} 1 & \Downarrow \\ \cos(qz) \cos(qz) & \Uparrow \end{cases}$$

$$H = \omega \psi^\dagger \psi + \omega_0 \mathbf{S}^z + g(\psi + \psi^\dagger)(\mathbf{S}^- + \mathbf{S}^+)$$

[Baumann *et al* Nature '10]

Mapping transverse pumping to Dicke model



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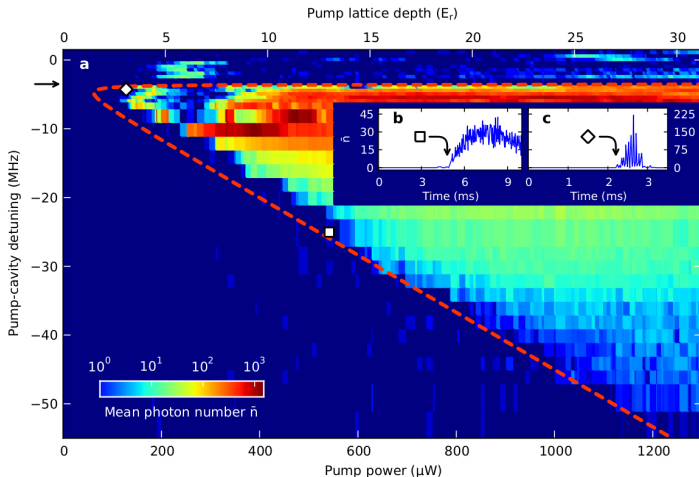
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“Feedback” due to extra states $U = -\frac{g_0^2}{4\Delta}$

[Baumann *et al* Nature '10]

Experimental phase diagram



- Pump power $g \propto \sqrt{\text{Power}}$
- Pump-cavity detuning $\omega \sim -\Delta$

[Baumann *et al* Nature '10]

Phase diagram of extended Dicke model

Ground state energy, $\lambda = \langle \psi \rangle / \sqrt{N}$:

$$\frac{E}{N} = \omega\lambda^2 - \frac{N}{2} \sqrt{(\omega_0 + UN\lambda^2)^2 + 16g^2N\lambda^2}$$

• Superradiant transition:

$$4g^2N > \left(\omega - \frac{UN}{2}\right)\omega_0$$

• Stability, $\lambda \rightarrow \infty$

$$E \sim \left(\omega - \frac{UN}{2}\right)\lambda^2 + \dots$$

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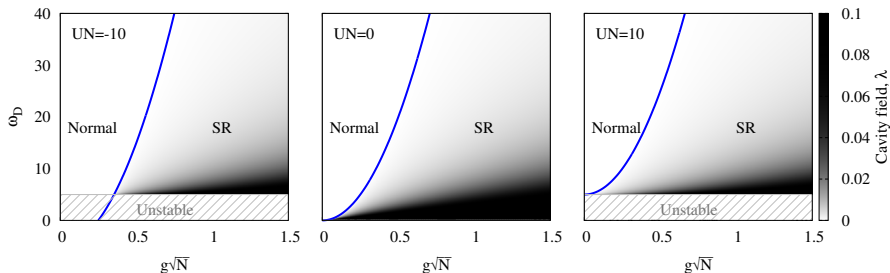
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Outline

1 Dicke model, superradiance and no-go theorem

2 Superradiance and self-organisation

- Raman scheme
- Hierarchies of approximation
- Equilibrium theory of Dicke

3 Fermionic self organisation

- Equilibrium phase diagrams
- Landau theory and microscopics
- Open system?

4 Open system dynamics of Bosons

- Attractors of open Dicke model
- Bosons beyond Dicke

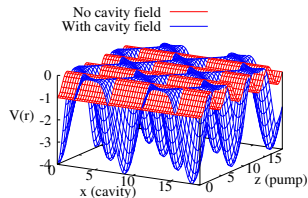
5 Conclusions

Fermions in optical cavities

$$H = \omega \psi^\dagger \psi + \int d^2 \mathbf{r} c^\dagger(\mathbf{r}) \left(-\frac{\nabla^2}{2m} - V(\mathbf{r}) \right) c(\mathbf{r})$$

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[Domokos & Ritsch, PRL '03; Black *et al.* PRL '03; Piazza, Strack, Zwerger, Ann. Phys '13]



- Pauli blocking
- Commensurability effects

Fermions in optical cavities

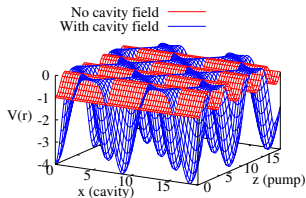
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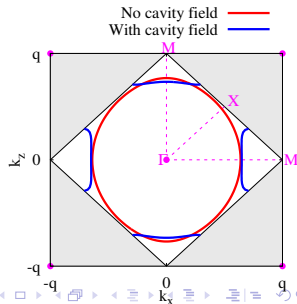
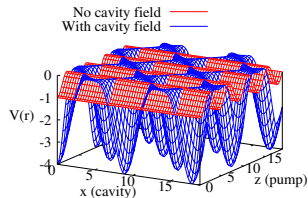
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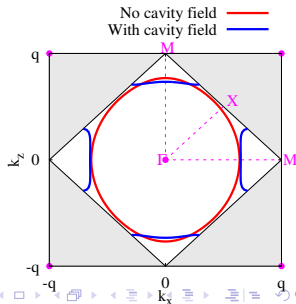
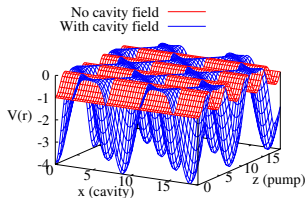
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- Pauli blocking
- Commensurability effects

[JK, Bhaseen, & Simons; Piazza & Strack; Chen *et al.* All PRL '14.]



Dimensionless variables and free energy

- Rescale with $\sqrt{2}q, \omega_r = \hbar^2 q^2 / 2m$, Dimensionless variables:

- $N/N_L = n_F$
- $\omega \rightarrow \tilde{\omega}$
- $\Omega \rightarrow \eta$
- $\langle \psi \rangle \rightarrow \phi$

- Free energy $I = F/N_L \omega_r$

$$I(\tilde{\omega}, \eta, n_F \rightarrow \mu, \phi) = \tilde{\omega} \phi^2 + \mu n_F - \frac{1}{\beta} \int_{BZ} d^2 k \sum_n \ln \left[1 + e^{-\beta(\epsilon_{\mathbf{k},n} - \mu)} \right]$$

- $\epsilon_{\mathbf{k},n}$ from $\hat{h} = -\nabla^2 - V(\eta, \phi; \mathbf{r})$

- Momentum space: $\hbar_{\mathbf{k},\mathbf{k}'} = k^2 \delta_{\mathbf{k},\mathbf{k}'} - v_{\mathbf{k},\mathbf{k}'}$

$$v_{\mathbf{k},\mathbf{k}'} = \sigma^2 \sum_{\mathbf{q}} \delta_{\mathbf{k},\mathbf{k}'+\mathbf{q}} \frac{1}{v_{\mathbf{q}}} + \pi \sigma \sum_{\mathbf{q}} \delta_{\mathbf{k},\mathbf{k}'+\mathbf{q}} \frac{1}{v_{\mathbf{q}}} + \pi^2 \sum_{\mathbf{q}} \delta_{\mathbf{k},\mathbf{k}'+\mathbf{q}} \frac{1}{v_{\mathbf{q}}}$$

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$$\omega_{\mathbf{k},\omega} = \omega^2 \sum_n \delta_{\mathbf{k},\omega - \omega_n}$$

$$+ \omega \sum_n \delta_{\mathbf{k},\omega + \omega_n}$$

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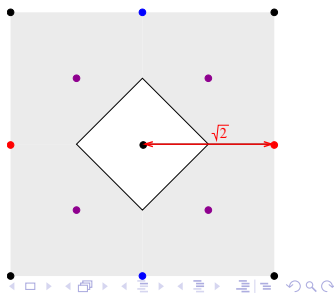
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Phase diagram

- Free energy $f = F/N_L\omega_r$

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- $n_F \rightarrow 0$, Dicke, expect SR.

- Instability, $\phi \rightarrow \infty$,

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$$f \approx (\tilde{\omega} - 2n_F)\phi^2$$

- First order at low η

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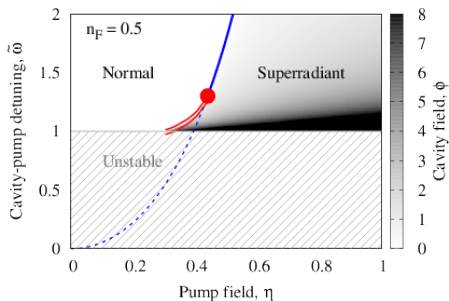
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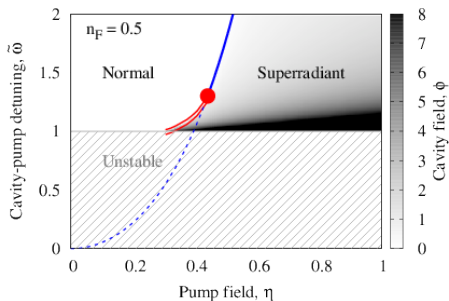
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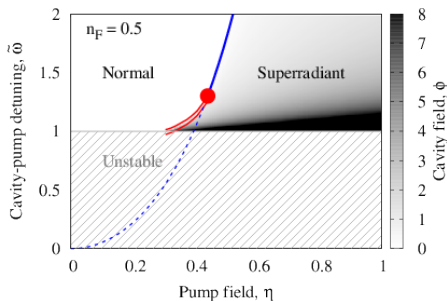
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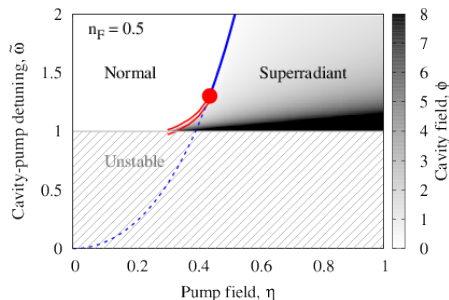
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$$f = a\phi^2 + b\phi^4 + c\phi^6$$

$$b < 0 \text{ at small } \eta.$$

Origin of first order transition



• $\epsilon_{\mathbf{k},n}$ from $\hat{h} = k^2 \delta_{\mathbf{k},\mathbf{k}'} - V_{\mathbf{k},\mathbf{k}'}$

$$V_{\mathbf{k},\mathbf{k}'} = \phi^2 \sum_{\mathbf{s}} \delta_{\mathbf{k},\mathbf{k}'+\mathbf{s}\sqrt{2}\hat{\mathbf{x}}} + \eta\phi \sum_{\mathbf{s},\mathbf{s}'} \delta_{\mathbf{k},\mathbf{k}'+\frac{\mathbf{s}}{\sqrt{2}}\hat{\mathbf{x}}+\frac{\mathbf{s}'}{\sqrt{2}}\hat{\mathbf{z}}} + \eta^2 \sum_{\mathbf{s}} \delta_{\mathbf{k},\mathbf{k}'+\mathbf{s}\sqrt{2}\hat{\mathbf{z}}}$$

Landau expansion: $f = a(\tilde{\omega}, \eta, n_F)\phi^2 + b(\eta, n_F)\phi^4 + c(\eta, n_F)\phi^6$

• Second order perturbation theory,

$$-\phi^4 \eta_{\mathbf{k},\mathbf{k}'}^2 (\epsilon_{\mathbf{k}} - \epsilon_{\mathbf{k}'})$$

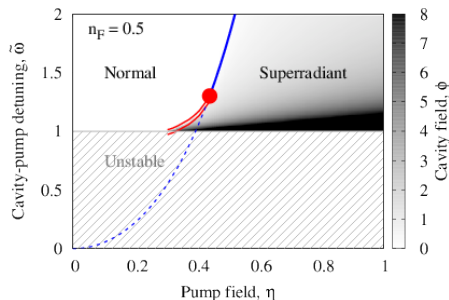
• Larkin-Pikin like mechanism

• Survives to low n_F : Bosons!

• But needs state $\phi(x, z) = \cos(\sqrt{2}x)$

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Origin of first order transition



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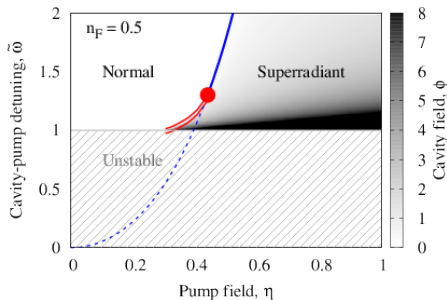
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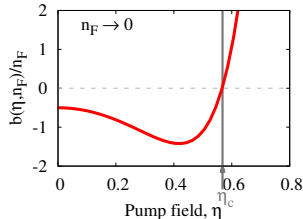
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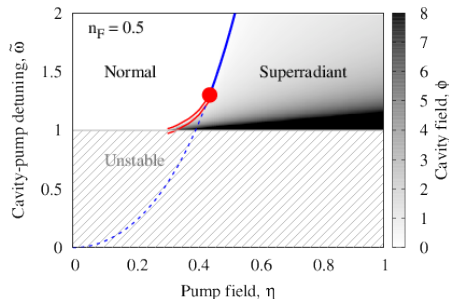
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 Missed by Dicke model



Origin of first order transition

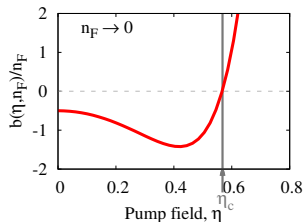


- $\epsilon_{\mathbf{k},n}$ from $\hat{h} = k^2 \delta_{\mathbf{k},\mathbf{k}'} - V_{\mathbf{k},\mathbf{k}'}$

$$V_{\mathbf{k},\mathbf{k}'} = \phi^2 \sum_s \delta_{\mathbf{k},\mathbf{k}'+s\sqrt{2}\hat{\mathbf{x}}} + \eta\phi \sum_{s,s'} \delta_{\mathbf{k},\mathbf{k}'+\frac{s}{\sqrt{2}}\hat{\mathbf{x}}+\frac{s'}{\sqrt{2}}\hat{\mathbf{z}}} + \eta^2 \sum_s \delta_{\mathbf{k},\mathbf{k}'+s\sqrt{2}\hat{\mathbf{z}}}$$

Landau expansion: $f = a(\tilde{\omega}, \eta, n_F)\phi^2 + b(\eta, n_F)\phi^4 + c(\eta, n_F)\phi^6$

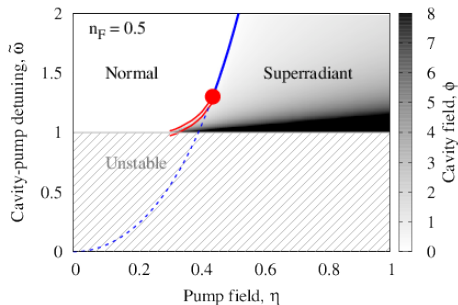
- Second order perturbation theory, $-\phi^4 |m_{\mathbf{k},\mathbf{k}'}|^2 / (E_{\mathbf{k}'} - E_{\mathbf{k}})$
- Larkin-Pikin like mechanism
- Survives to low n_F : Bosons!
 - ▶ **But** needs state $\phi(x, z) = \cos(\sqrt{2}x)$
 - ▶ **Missed by Dicke model**



Higher fillings

$$f = a\phi^2 + b\phi^4 + c\phi^6$$

- Phase diagram unchanged for $n_F < 1$
- 2nd order line $a = 0$
- Tricritical **•** at $a = b = 0$

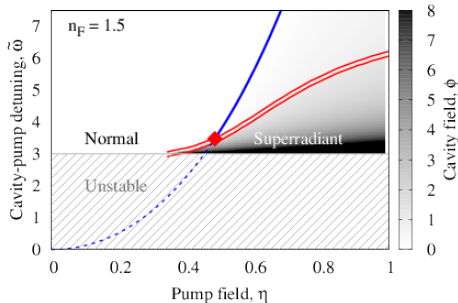
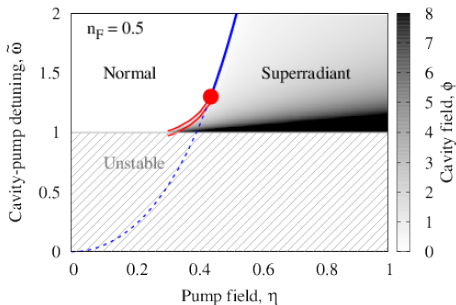


- 2nd band, new structure.
- Critical end-point **•**
- $a = 0$ line cut by 1st order
- SR-SR phase boundary
- No symmetry breaking
- Liquid-gas type (metamagnetic)

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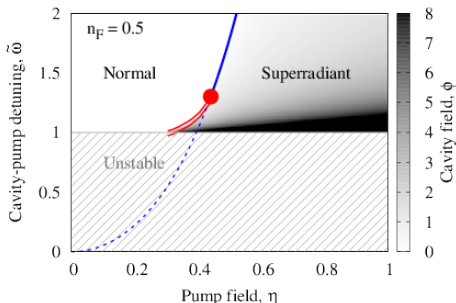
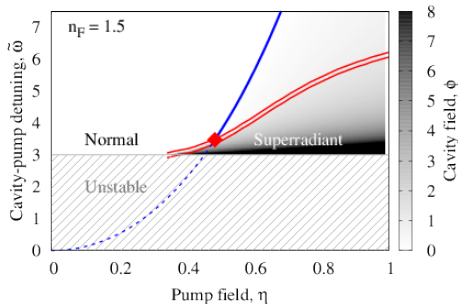
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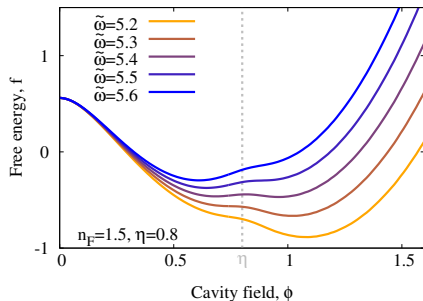
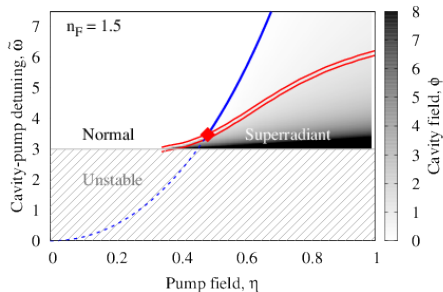
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Why liquid-gas transition?



● $f(\phi) \rightarrow$ multiple minima

● Plot bands $\inf_k \{\alpha_k, \eta\}$

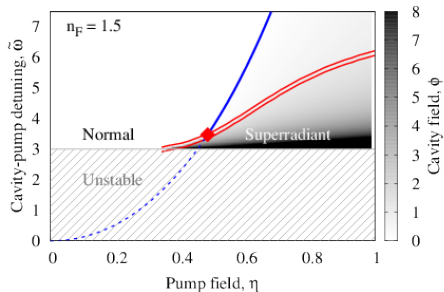
● Contribution of 2nd band

● Non-trivial form:

– p_x, p_y orbitals cross at $\eta = \phi$

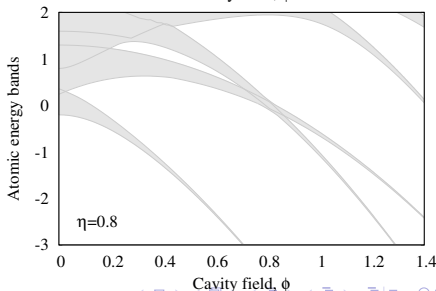
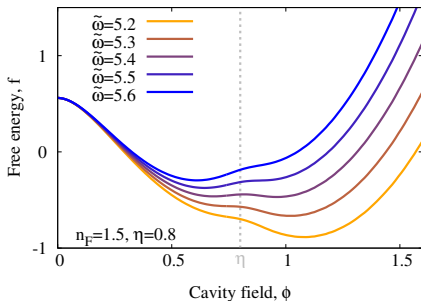
– $n > 1$ bands initially go up

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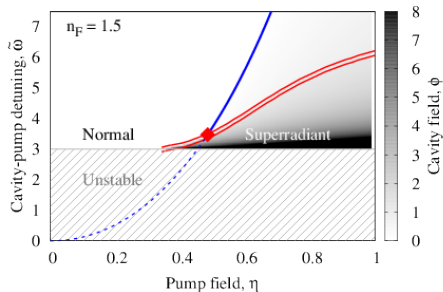


- $f(\phi) \rightarrow$ multiple minima
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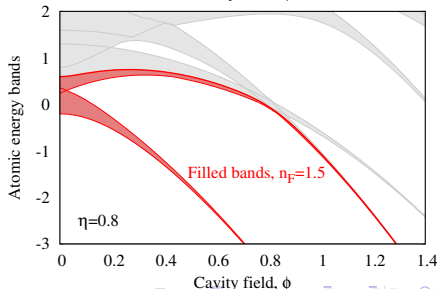
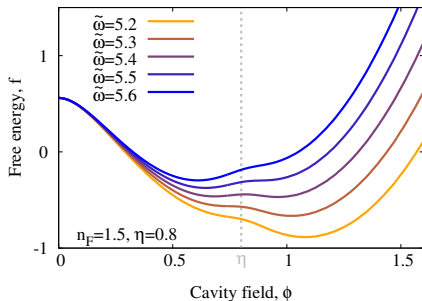


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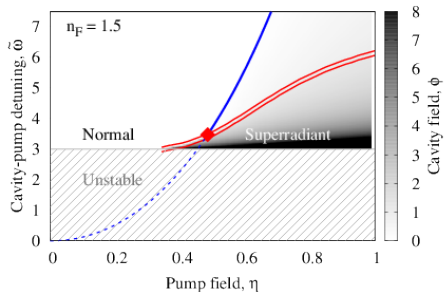


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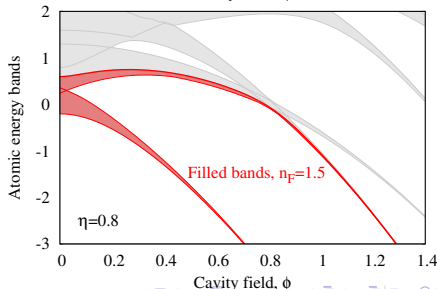
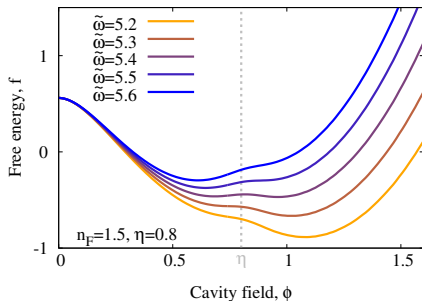
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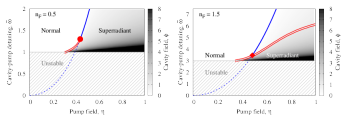


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Phase diagram vs density

● Phase topology change:



● Fix η , plot vs n_f

● SR-SR after critical point ○

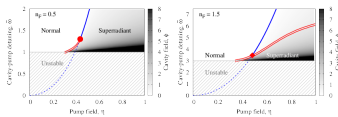
● Peak in 2nd order line $0 = a(\tilde{\omega}, n_f, \eta) = \tilde{\omega} + \chi(\eta, n_f)$

● Susceptibility χ asymptote $\eta \rightarrow \infty$

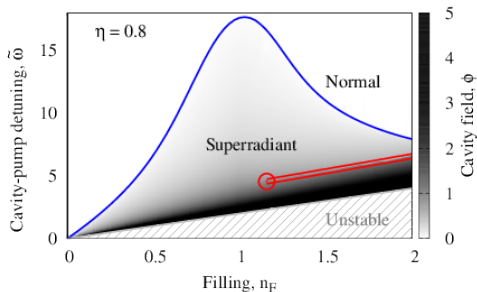
$$\chi \simeq 16\eta^2 \ln \left| \frac{1 - n_f}{1 + n_f} \right|$$

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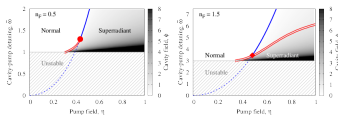
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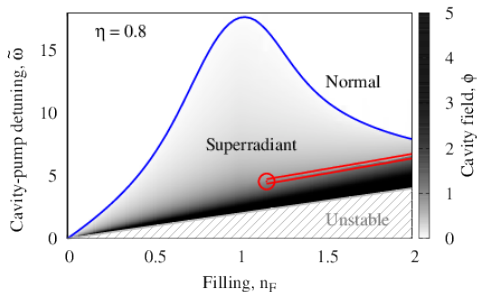
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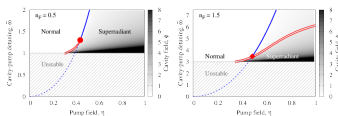


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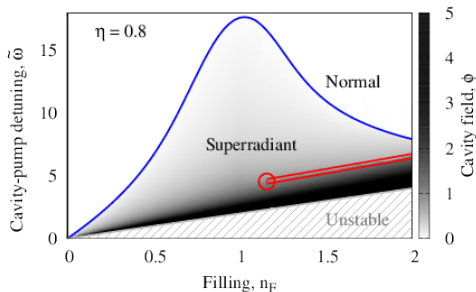
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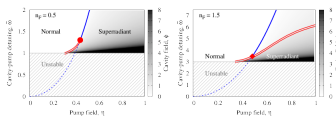
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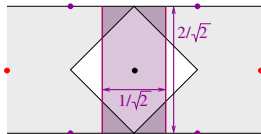
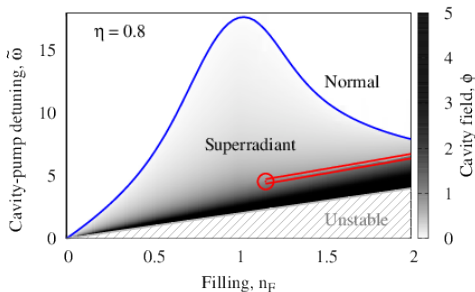
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- At $n_F = 1$, nesting of

$$V_{\mathbf{k}, \mathbf{k}'} = \dots + \eta \phi \sum_{s, s'} \delta_{\mathbf{k}, \mathbf{k}'} + \frac{s}{\sqrt{2}} \hat{\mathbf{x}} + \frac{s'}{\sqrt{2}} \hat{\mathbf{z}} + \dots$$



Open system vs ground state phase diagram

- Open system, $\dot{\rho} = -i[H, \rho] - \kappa\mathcal{L}[\psi]$. Stable attractors

- What survives — Normal-SR boundary

- Fluctuations $\delta\phi = u e^{-\lambda t} + v^* e^{i\nu^* t}$

- What must change

- Unstable region \rightarrow new attractors

- Known unknowns:

- Limit cycles? Multistability? Spinodal lines?

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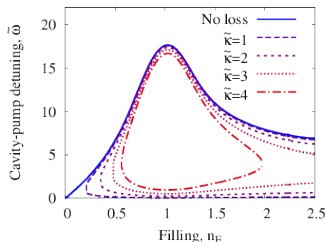
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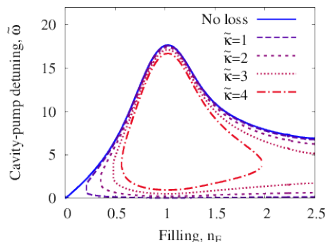
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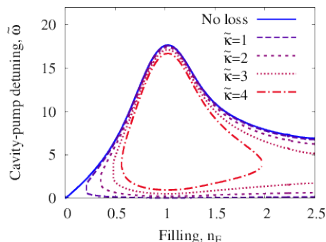
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Outline

1 Dicke model, superradiance and no-go theorem

2 Superradiance and self-organisation

- Raman scheme
- Hierarchies of approximation
- Equilibrium theory of Dicke

3 Fermionic self organisation

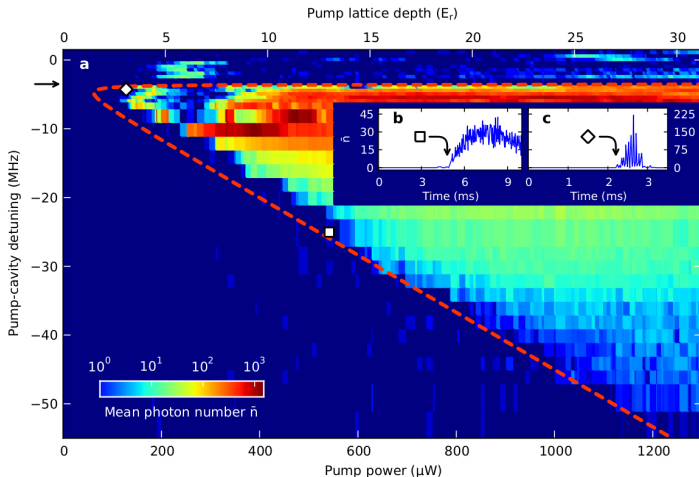
- Equilibrium phase diagrams
- Landau theory and microscopics
- Open system?

4 Open system dynamics of Bosons

- Attractors of open Dicke model
- Bosons beyond Dicke

5 Conclusions

Experimental phase diagram



- Pump power $g \propto \sqrt{\text{Power}}$
- Pump-cavity detuning $\omega \sim -\Delta$

[Baumann *et al* Nature '10]

Dicke model classical dynamics

Open dynamical system:

$$H = \omega\psi^\dagger\psi + \omega_0\mathbf{S}^z + g(\psi + \psi^\dagger)(\mathbf{S}^- + \mathbf{S}^+) + U\mathbf{S}_z\psi^\dagger\psi.$$
$$\partial_t\rho = -i[H, \rho] - \kappa(\psi^\dagger\psi\rho - 2\psi\rho\psi^\dagger + \rho\psi^\dagger\psi)$$

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Classical EOM
($|\mathbf{S}| = N/2 \gg 1$)

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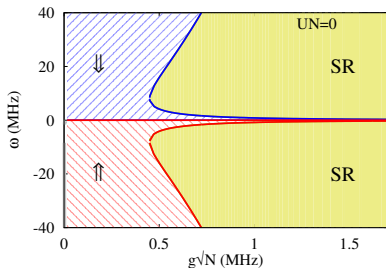
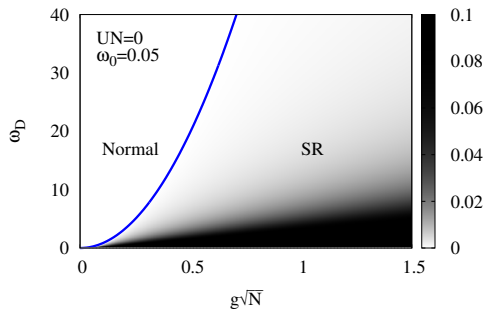
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Long-time behaviour:

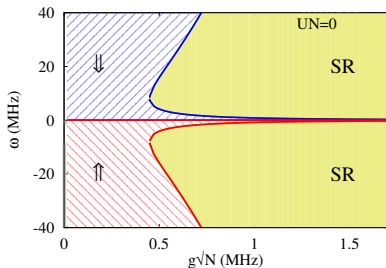
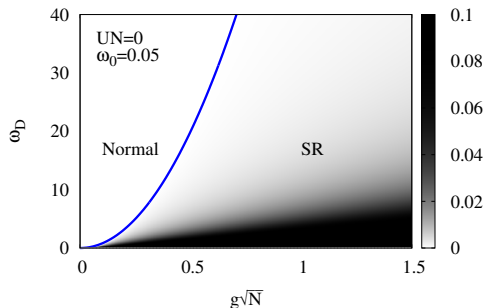
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Equilibrium Dicke vs open phase diagram, $UN = 0$



- Shift boundary $(\kappa^2 + \omega^2)/\omega = -\chi(\omega_0)$
- Allow negative $\omega \rightarrow$ inverted

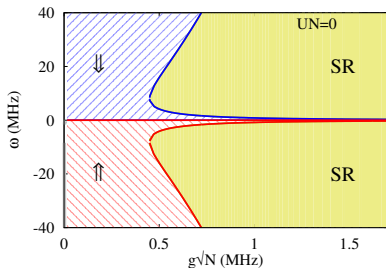
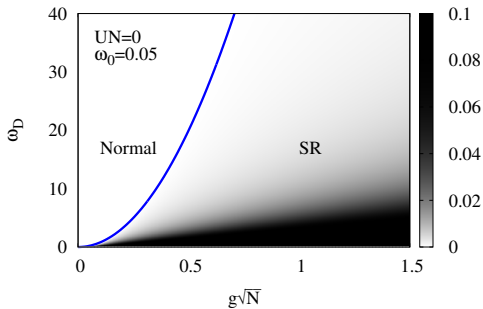
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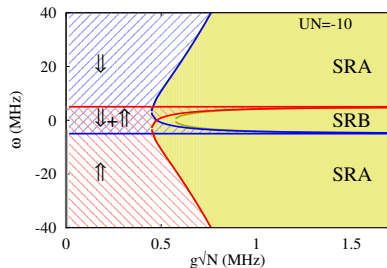
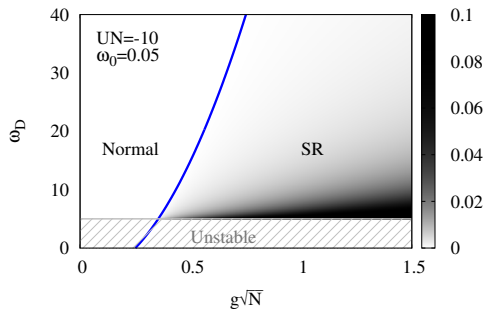
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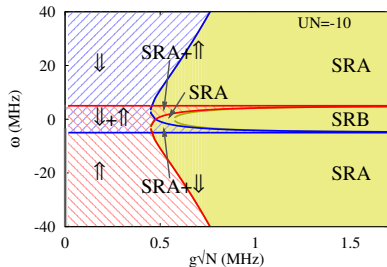
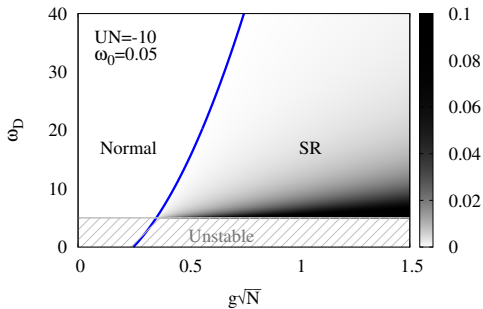
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... Dicke ... $UN = -10\text{MHz}$



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- Unstable \rightarrow SRB

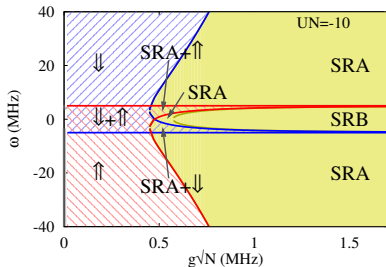
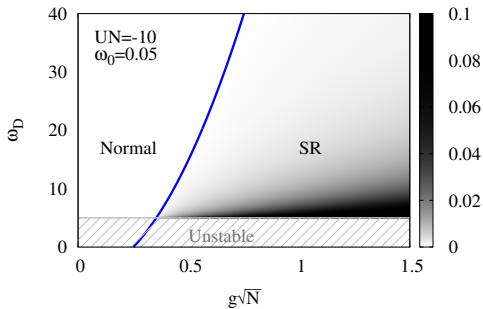
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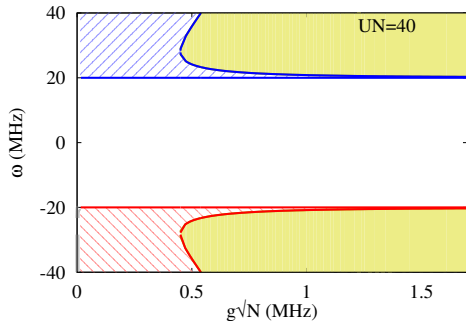
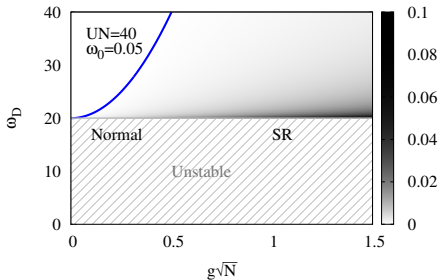
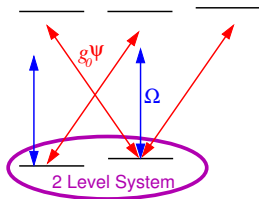
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- Unstable \rightarrow SRB

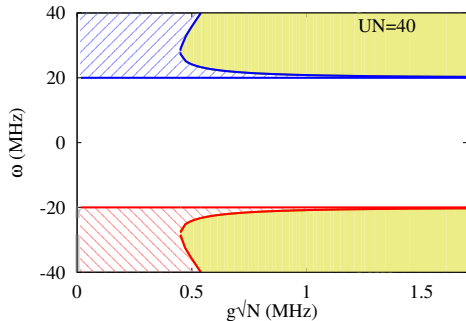
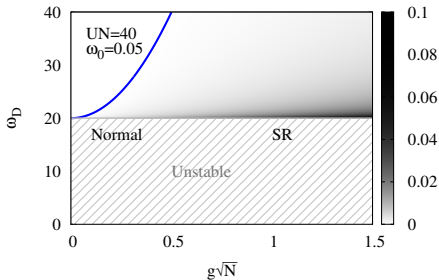
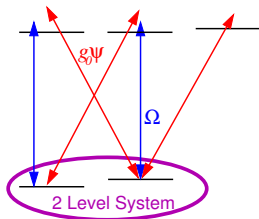
... Dicke ... $UN = +40\text{MHz}$

Changing U :



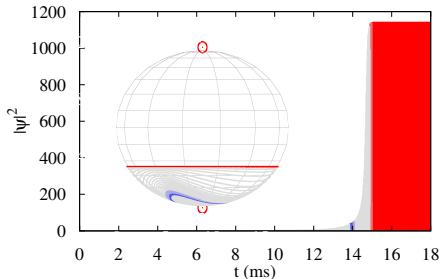
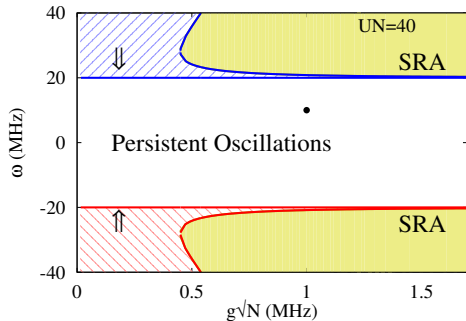
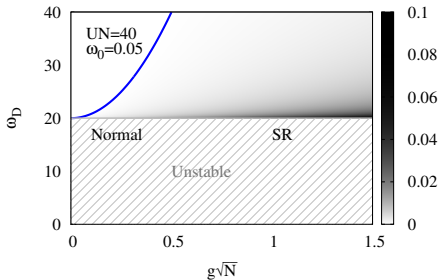
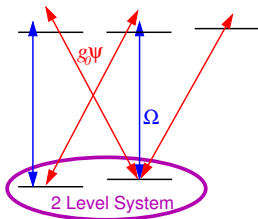
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Outline

1 Dicke model, superradiance and no-go theorem

2 Superradiance and self-organisation

- Raman scheme
- Hierarchies of approximation
- Equilibrium theory of Dicke

3 Fermionic self organisation

- Equilibrium phase diagrams
- Landau theory and microscopics
- Open system?

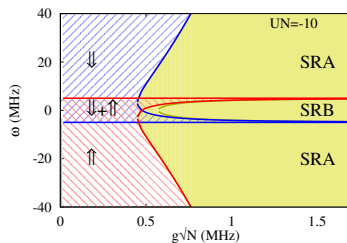
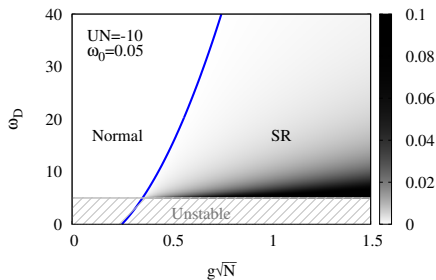
4 Open system dynamics of Bosons

- Attractors of open Dicke model
- **Bosons beyond Dicke**

5 Conclusions

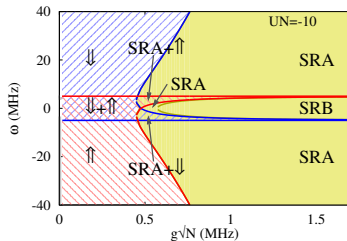
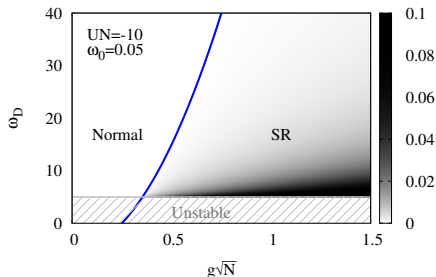
Open system and Beyond Dicke?

$UN = -10$ MHz figures

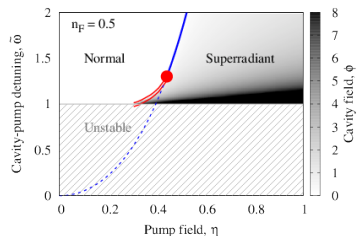


Open system and Beyond Dicke?

$UN = -10$ MHz figures



From fermions, found:



Survives to low n_F : Bosons!

- **But** needs state $\phi(x, z) = \cos(\sqrt{2}x)$
- **Missed by Dicke model**

Bosons beyond Dicke

BEC self organisation: $|\Psi_{\text{atoms}}\rangle = (\sum_{\mathbf{k}} \chi_{\mathbf{k}} a_{\mathbf{k}})^N |0\rangle$, $\chi_{\mathbf{k}}$ obeys:

$$i\partial_t \chi_{\mathbf{k}} = \omega_r \left(|\mathbf{k}|^2 \delta_{\mathbf{k},\mathbf{k}'} - V_{\mathbf{k},\mathbf{k}'}(\phi) \right) \chi_{\mathbf{k}}$$

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Truncate $|\mathbf{k}| < n_M$, $n_M = 1 \rightarrow$ Dicke

• Boundary moves

$\omega_0 \neq 2\omega_r$

• Hysteresis –

Larkin-Pikin

• 2nd order at large Ω

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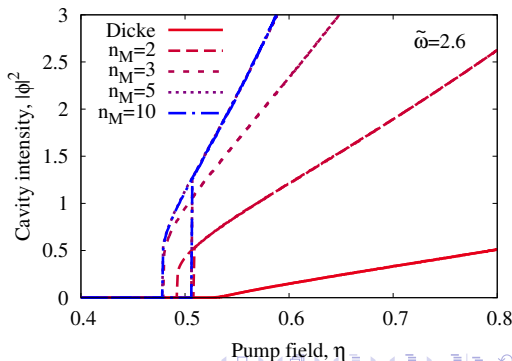
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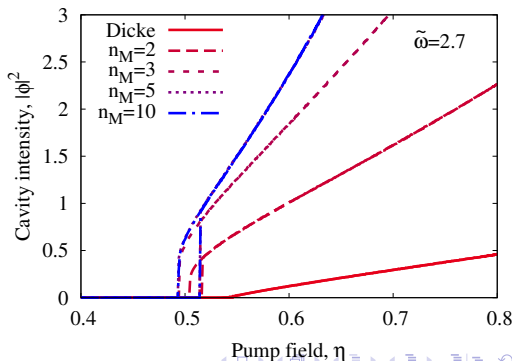
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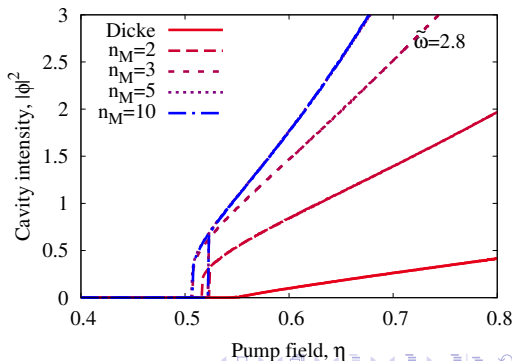
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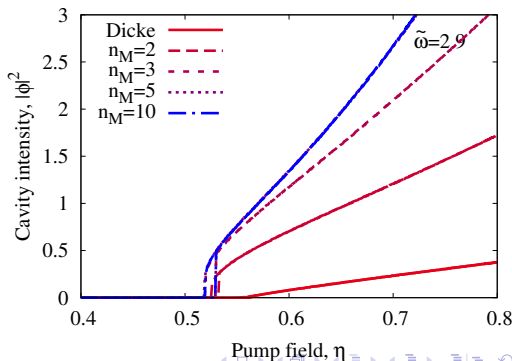
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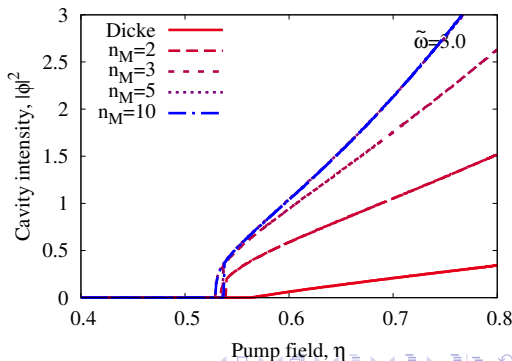
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Acknowledgements

GROUP:



COLLABORATORS:



FUNDING:



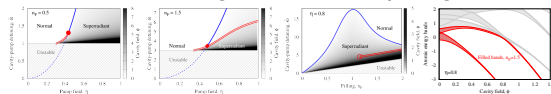
Topological Protection and
Non-Equilibrium States in
Strongly Correlated Electron
Systems



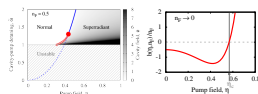
Engineering and Physical Sciences
Research Council

Summary

- Fermions self organisation, liquid gas, and multicritical points

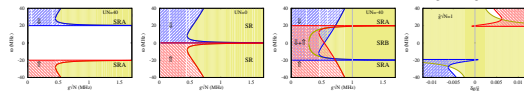


- First order transitions for bosons, outside Dicke model



JK, Bhassen, Simons PRL '14

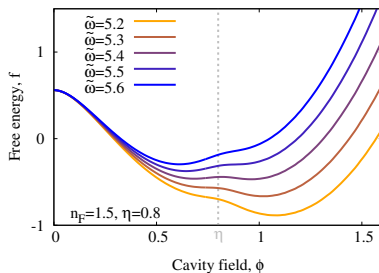
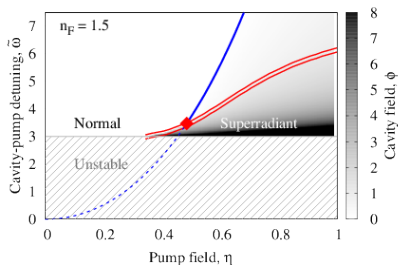
- Bosons: Dicke model shows many dynamical phases



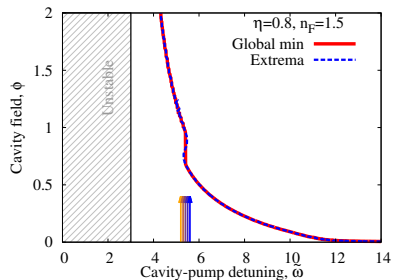
JK *et al.* PRL '10, Bhaseen *et al.* PRA '12

- 6 Liquid gas bistability
- 7 Confined Fermi gas
- 8 Classical dynamics
 - Dicke model timescales
- 9 Ferroelectric transition
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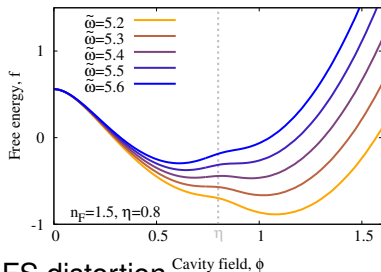
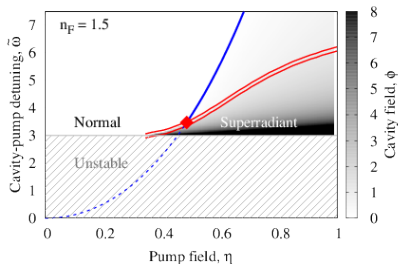
Bistability, signatures



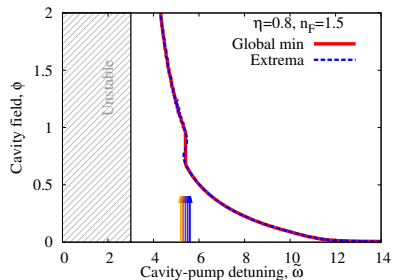
Narrow bistable region



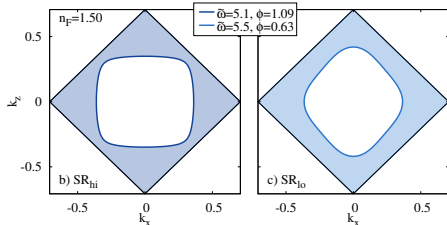
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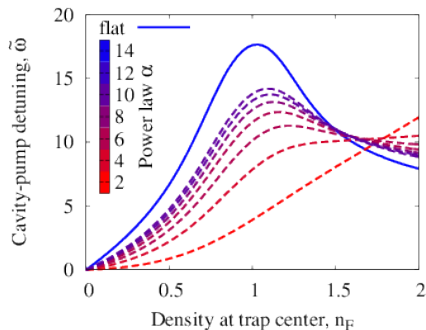


FS distortion



Fermi gas in a trap

- Trapped gas, $V(r) = E_R(r/r_0)^\alpha$
- Rescale via $\mathcal{A} = \pi r_0^2$
- Commensuration visible if flat enough ($\alpha > 4$)



Classical dynamics of the extended Dicke model

Open dynamical system:

$$H = \omega\psi^\dagger\psi + \omega_0\mathbf{S}^z + g(\psi + \psi^\dagger)(\mathbf{S}^- + \mathbf{S}^+) + U\mathbf{S}_z\psi^\dagger\psi.$$
$$\partial_t\rho = -i[H, \rho] - \kappa(\psi^\dagger\psi\rho - 2\psi\rho\psi^\dagger + \rho\psi^\dagger\psi)$$

- Neglects quantum fluctuations
- Linearisation about fixed point \rightarrow stability, spectrum

[JK *et al.* PRL '10, Bhaseen *et al.* PRA '12]

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Classical EOM
($|\mathbf{S}| = N/2 \gg 1$)

$$\dot{\mathbf{S}}^- = -i(\omega_0 + U|\psi|^2)\mathbf{S}^- + 2ig(\psi + \psi^*)\mathbf{S}^Z$$
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Fixed points (steady states)

$$0 = i(\omega_0 + U|\psi|^2)S^- + 2ig(\psi + \psi^*)S^z$$

$$0 = ig(\psi + \psi^*)(S^- - S^+)$$

$$0 = -[\kappa + i(\omega + US^z)]\psi - ig(S^- + S^+)$$

• $\psi = 0, S = (0, 0, \pm N/2)$
always a solution.

• If $g > g_c, \psi \neq 0$ too

• $S^z = -g[S^-] = 0$

• $\psi' = \Re[\psi] = 0$

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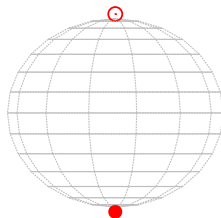
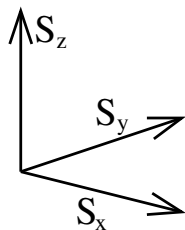
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$$\Delta S^z = -g[S^-] = 0$$

$$\Delta \psi = \Re[\psi] = 0$$



Small g : \uparrow, \downarrow only.
 $(\omega = 30\text{MHz}, UN = -40\text{MHz})$

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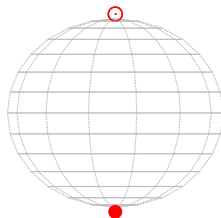
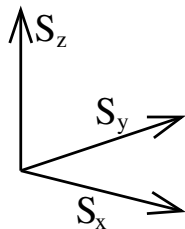
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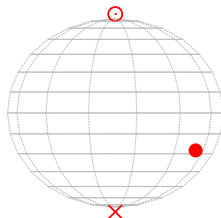
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B $\psi' = \Re[\psi] = 0$



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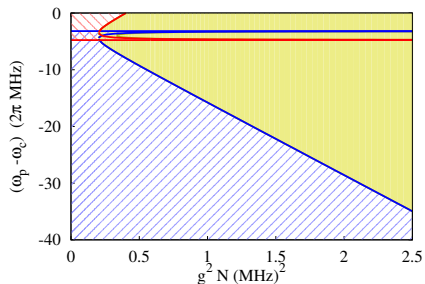


Larger g : SR too.

Outline

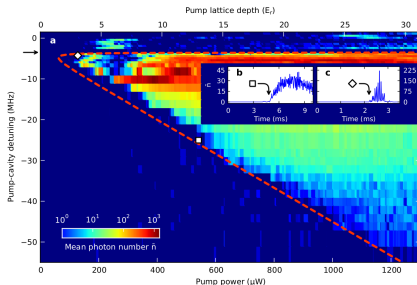
- 6 Liquid gas bistability
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Comparison to experiment: $UN = -10\text{MHz}$



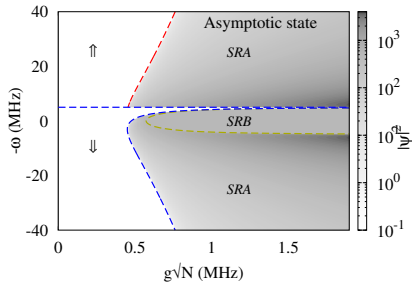
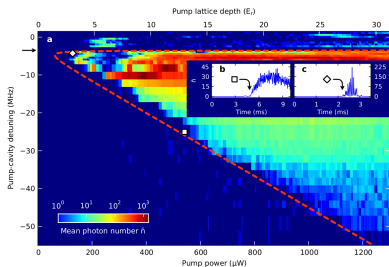
$$UN = -10\text{MHz}$$

Adapted from: [Bhaseen *et al.* PRA '12]

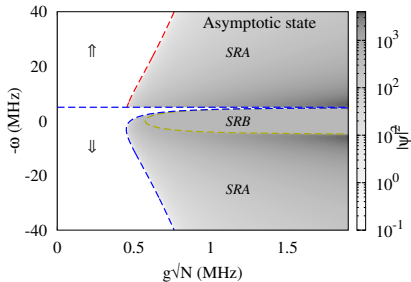
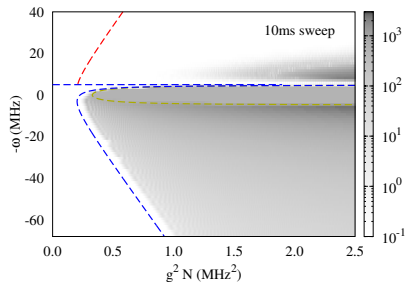
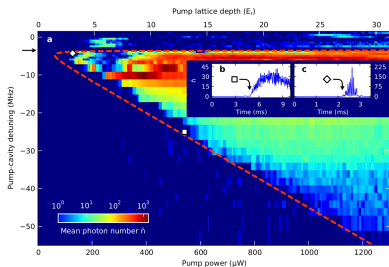


[Baumann *et al* Nature '10]

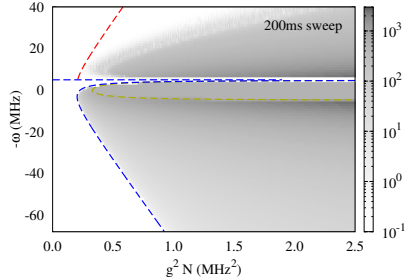
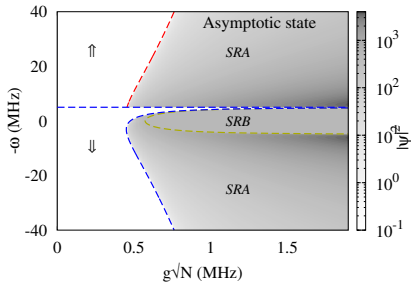
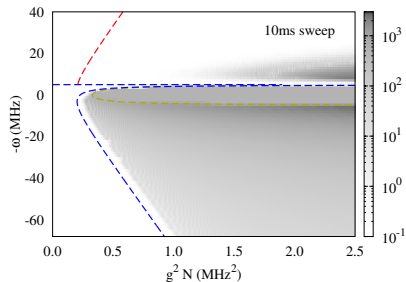
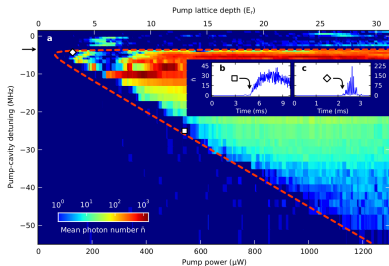
Timescale to reach steady state



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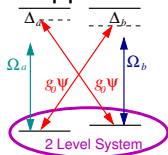


Timescale to reach steady state



Timescales for dynamics: Why so slow and varied?

Suppose co- and counter-rotating terms differ

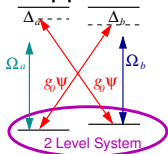


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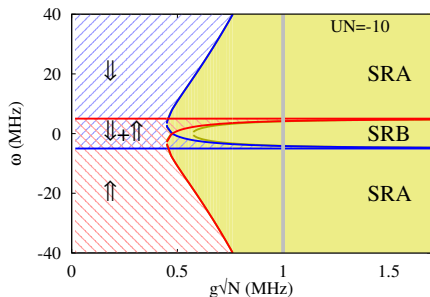
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- SR(A), SR(B) continuously connect

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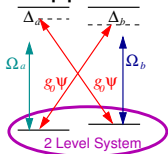
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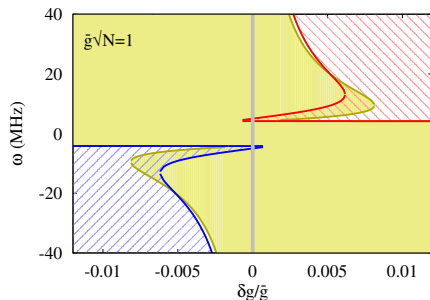
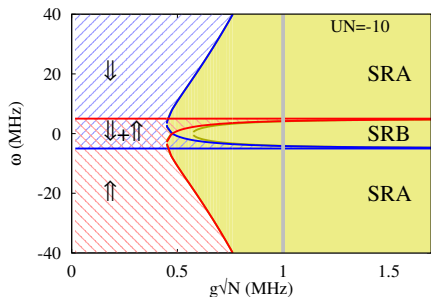
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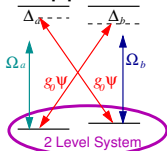
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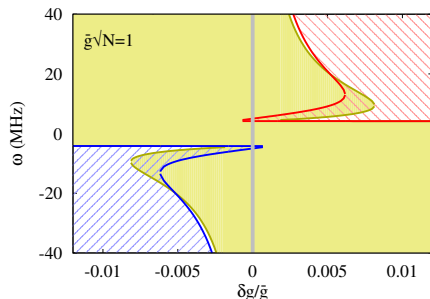
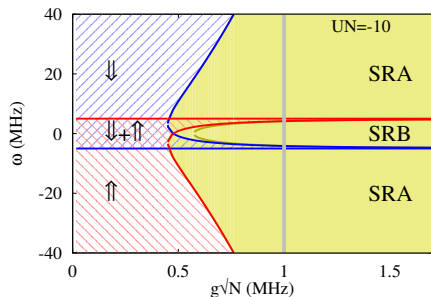
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Atoms in **Coulomb gauge**

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Two-level systems — dipole-dipole coupling

$$H = \omega_0 S^z + \omega \psi^\dagger \psi + g(S^+ + S^-)(\psi + \psi^\dagger) + N\zeta(\psi + \psi^\dagger)^2 - \eta(S^+ - S^-)^2$$

(nb $g^2, \zeta, \eta \propto 1/V$).

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Gauge transform to dipole gauge $\mathbf{D} \cdot \mathbf{r}$

$$H = \omega_0 S^z + \omega \psi^\dagger \psi + \bar{g}(S^+ - S^-)(\psi - \psi^\dagger)$$

“Dicke” transition at $\omega_0 < N\bar{g}^2/\omega \equiv 2\eta N$

But, ψ describes **electric displacement**

Grand canonical ensemble

Grand canonical ensemble:

- If $H \rightarrow H - \mu(S^z + \psi^\dagger\psi)$, need only: $g^2 N > (\omega - \mu)|\omega_0 - \mu|$

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[Eastham and Littlewood, PRB '01]

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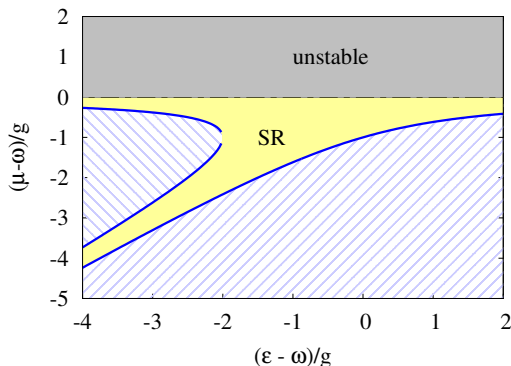
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